# Recuperative Care: Orange County Pilot Program

### National Health Foundation Elizabeth Yang

November 17, 2010





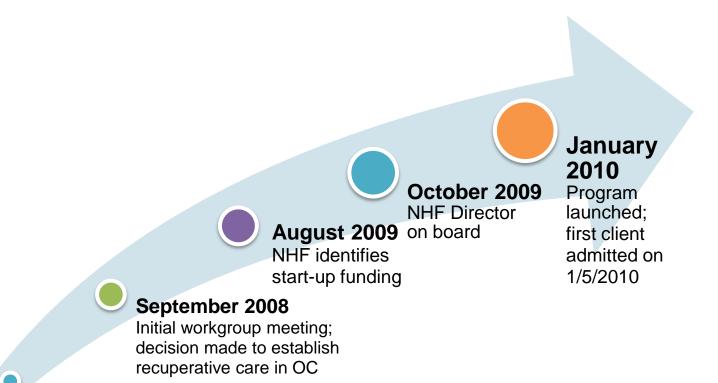
## **History of Recuperative Care**

- Timeline and Benchmarks
- Participating Hospitals





### **Timeline and Benchmarks**





May 2007

HASC-sponsored open forum on

homeless discharge



# \*18 Hospitals Participating in Recuperative Care Program

Fountain Valley Regional Hospital Chapman Medical Center AHMC Anaheim Regional Medical Center Hoag Memorial Hospital Presbyterian

Kaiser Permanente
– Anaheim

Kaiser Permanente

– Irvine

Los Alamitos Medical Center Mission Hospital Regional Medical Center

Mission Hospital Laguna Beach Orange Coast Memorial Medical Center

Placentia Linda Hospital Saddleback Memorial Medical Center

San Clemente Campus of SMMC

St. Joseph Hospital

St. Jude Medical Center

**UCI Medical Center** 

Western
Medical Center/
Anaheim

Western
Medical Center/
Santa Ana



\*Each hospital signed a Letter of Agreement to participate



# What is the Recuperative Care Program?





### **Recuperative Care Program**



Provides post-hospital care for the homeless patient that is medically ready for discharge from an acute care hospital.



Patient receives "medical oversight" by RN/LVN and daily C.N.A. visits during recuperative care.





### **Recuperative Care Program**



A safe and clean environment, an individual bedroom and 3 meals/day



On-site case management and mental health services and patient connected to social services, transitional or permanent housing.





## **Program Criteria**

### Who is Eligible?

- Homeless
- Acute medical condition with identifiable end point of care.
- Medically & psychiatrically stable.
- Independent in mobility, ADL's & selfadminister medications
- Continent of bowel & bladder

# Who is <u>not</u> Eligible?

- Not Homeless
- Not willing to abstain from substance abuse
- Unstable medically & psychiatrically
- Non-ambulatory, dependent in ADL's or incontinent
- Combative/aggressive behavior





## **Program Referral Process**







### **Submit a Patient Referral**

http://www.nhfca.org/OCrecup/



### **Common Case Scenarios**

- Fractures
- Head trauma
- Cellulitis
- Abscess requiring wound care
- COPD exacerbation, shortness of breath

- CHF, chest pain
- Ulcerative colitis
- Diabetic foot ulcers
- Amputation
- Abdominal pains;22 weeks gestation





# **Program Challenges and Highlights**





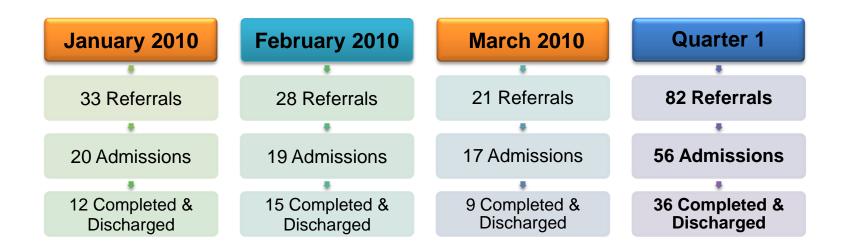
## **Program Challenges:**

- Inaccurate or lack of information on patient referral
- Medications during recuperative care program
- No coordination of home health services
- Unclear discharge instructions
- Early exit by patient





# Orange County Recuperative Care Program 1st Quarter Summary



<sup>\*</sup>Completed & Discharged – Patients completed the recuperative care program and at time of discharge <u>were</u> connected to transitional or permanent housing.



## First 6 Months Highlight

Since the program's launch in January of this year, an average of 9 hospitals have referred 93 patients into the program for a total of 765 patient days. 58 of these patients were linked to temporary or permanent housing at the conclusion of the recuperative care period.





We at Mission Hospital have used the Recuperative Care Program with great success, and great outcomes for our patients. Again, thank you so very much. Mission Hospital, both the Mission and Laguna Beach Campus appreciate your hard work and efforts!

- Director of Care Management, Mission Hospital





I also wanted to thank you and your team for all your hard work, we applaud your efforts. The OC Recuperative Care Program is a shining example of what can happen when the community pulls together to address a problem. The program is cost effective, but more importantly, it allows us to discharge our patients to a safe environment that offers exceptional referrals and resources. We truly appreciate what you all have been able to do for us and our patients. Thank you.

-Director of Care Management and Transitional Care Center, St. Jude Medical Center





### **Contact Information:**

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